



CPR & AED



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“You Can Make a Difference to Someone Near You Having a Heart Attack, Stroke or is Choking?”

Description

Cardio Pulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) training is designed for non-professional responder (swimming coaches, health and fitness staff, corporate, industrial and retail employees) required to have CPR and AED knowledge or for those who simply want to help in an emergency.

This course focuses on sudden cardiac arrest, heart attack, stroke, airway obstruction, CPR, and the use of an automated external defibrillator (AED) at the scene of an accident or sudden illness with confidence in a prompt, safe and effective way until the Emergency Medical Services arrive.

Duration

Minimum 4 – 6 hours.

Topics covered

A wide range of topics are covered including: -

- Universal Precautions
- Chain of Survival
- Stroke
- Heart Attack
- Sudden Cardiac Arrest
- Emergency Action Steps
- Airway Management
- Rescue Breathing
- Chest Compressions
- Cardiopulmonary resuscitation (CPR)
- AED Use and Operation
- Foreign Body Airway Obstruction - Choking.



Teaching methods

Traditional Classroom Training.

Blended Training - Blended Training combines the convenience of online learning with a shortened practical skills session in order to meet both knowledge and skill objectives for learners. Using an online learning platform to meet knowledge objectives provides flexibility and self-control for the learner and convenience and cost savings for an individual, organisation or employer.

Certification

Subject to assessment, all participants will be issued with a Cardio Pulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) certificate from one of the following accreditation agencies.



This qualification is valid for 2 years which can be renewed by attending re-qualification course.

Course Dates and Training Venues

Public” courses are scheduled in advance and are held at one of our [TRAINING VENUES](#) (ask for the course schedule).

Only refreshments (tea/ coffee) are provided for Public Courses

“Closed / In-House” courses can be arranged at dates and times to suit you, with a **MINIMUM OF 8** delegates required. Travel cost will be calculated at a nominal rate for training if more than 30 Km radius from our training venue. (T & C apply)

Costs

Classroom Training: R 360.00 per delegate.

Blended Learning: R 300.00 per delegate.

For more information contact:

BLS MEDICAL cc

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Where the BASICS are important!

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